Local History Week 2019 August 26-29
Four nights of terrific local history programs and catered dinners.
6:15 PM Dinner/ 7 PM Program,
Tickets, $8 per person per night, go on sale Thursday, August 1.

Monday, August 26
Opioid Epidemics and Addiction Treatment Responses: A Story in Three Acts
Presented by Dr. Claire Clark, Ph.D, MPH

The current opioid epidemic is not the first our country has faced; in fact, it's the third. This presentation compares and contrasts the current opioid epidemic with similar crises that took place fifty and one hundred years ago and emphasizes Kentucky's centrality in the ongoing national narrative about addiction's causes and cures.

Dr. Clark is the Educational Coordinator and Assistant Professor of University of Kentucky’s Department of Behavioral Science. Dual trained as an historian of medicine (PhD) and behavioral scientist (MPH), she dedicates most of her effort to developing educational programs with secondary effort dedicated to research and service.

She is the author of The Recovery Revolution: The Battle Over Addiction Treatment in the United States.

Menu: Sliced Top Round in Gravy, Caesar Salad, Broccoli w/ Hollandaise, Mashed Potatoes, Cheesecake, Sweet & Unsweet Tea

Tuesday, August 27
Harland "Colonel" Sanders
Hard Work, Luck, and Perseverance, 1890-1980
Performed by L. Henry Dowell

Although he is most well-known for the 11 herbs and spices that made Kentucky Fried Chicken famous world-wide, Harland "Colonel" Sanders' life was about much more than fried chicken. The man whose face became synonymous with "finger-lickin' good" chicken used hard work and perseverance to become recognized as Kentucky's most famous citizen.

Sanders delved into the restaurant business in Corbin, opening a lunchroom behind a service station. His restaurant grew rapidly, and his customers made fried chicken the most popular item on the menu. He might have worked in that cafe forever if it weren't for the building of interstate 75, forcing him to sell his place at auction.

In his mid-60s, Sanders decided to travel the country showing restaurants how to make Colonel Sanders' Kentucky Fried Chicken. While most men his age were retiring, Sanders continued doing what he did best, cooking and selling fried chicken.

Menu: Fried Chicken, Tossed Salad, Macaroni & Cheese, Green Beans, Peach Cobbler, Sweet & Unsweet Tea

Wednesday, August 28
Reformers to Radicals: The Appalachian Volunteers and the War on Poverty
Presented by Dr. Thomas Kiffmeyer, PhD

The Appalachian Volunteers formed in the early 1960s, determined to eliminate poverty through education and vocational training and improve schools and homes in the mountainous regions of the southeastern United States. In Reformers to Radicals: The Appalachian Volunteers and the War on Poverty, Thomas Kiffmeyer illustrates how the activists ultimately failed, mainly because they were indecisive about the fundamental nature of their mission. The AVs, many of them college students, were also distracted by causes not directly connected with the war on poverty, such as civil rights and opposition to the Vietnam War. Despite some progress, the organization finally lost the support of the national government, and more important, of the Appalachian people, setbacks from which it never recovered.

Thomas J. Kiffmeyer is associate professor of history at Morehead State University,

Menu: Sliced Pork Loin, Tossed Salad, Corn Pudding, Cafe Garlic Herbed Vegetables, Bread Pudding with Bourbon Sauce, Sweet & Unsweet Tea

Thursday, August 29
Elkhorn: A Journey in Time
Presented by Richard Taylor

The main stem of Elkhorn Creek, the second largest tributary of the Kentucky River, encapsulates the history of central Kentucky from pre-settlement, the frontier era, through the Industrial era to the present where the creek is used primarily for recreational purposes. The landscape has been transformed and in some ways its environment degraded by human presence, yet retains an allure for those who love nature and want to immerse in a semi-wild place fishing, kayaking, or simply hiking portions of its length.

Richard Taylor is professor of English and Kenan Visiting Writer at Transylvania University and former Poet Laureate of Kentucky. He has written numerous books, including Sue Mundy: A Novel of the Civil War, Girty, and Earth Bones.

Menu: Sliced Turkey with Cornbread Dressing, Caesar Salad, Green Beans, Mashed Potatoes, Chocolate Layer Cake, Sweet & Unsweet Tea

If you only want to attend a program, please arrive at about 6:45 PM. So that we can have a seat ready for you, register to attend by calling the Library, 859-744-5661, or by using the Evanced online registration system at www.clarkbooks.org.
Get a Writer’s Body (of Work)
Saturday, August 3, 2-3 PM
Television and magazines suggest summer’s the time to get fit for swimsuit season, which involves developing a routine of diet and exercise to help shed pounds, build muscle, and generally feel better. The same approach can be applied to writing as we develop habits and strategies to build a buff, swole body (of work). Eating/reading—You are what you eat and you write what you read. We’ll look at what your voice is and how best to feed it. Writing/working out—Look at your habits and develop a writing workout program that gets you writing regularly to strengthen your creative muscles. Develop goals—5K? Bodybuilding competition? Blog? Novel? Learn how to plan your writing goals? Where you want to publish? Who your audience is? How much time can you devote to getting there? Come to the library and get a body of work.

Laptop Lab: Scheduled One-on-One or Small Group Computer Instruction Sessions
Computer Classes to Fit Your Needs & Schedule
Laptop Lab sessions fit your needs and schedule. Let us know what you’d like to learn and we’ll schedule a session to help you. These sessions are for individuals or small groups of up to four people. If one session is not sufficient, more can be scheduled. Call 859-744-5661, ext. 110, or email john.clarkbooks@gmail.com.

Chair Yoga, Monday, August 5, 12, 19, 26, 2-3 PM
Gentle Yoga, Thurs, Aug, 1, 8, 15, 22, 29, 9:15 AM
Welcome to Yoga! These beginning level classes are a path toward developing healthy breath work, improving balance, strengthening muscles and bones, and increasing stamina. Students move at their own pace. Proper alignment is emphasized for safety. The class is taught by Kathy Howard, a certified yoga instructor with Yoga Alliance. Contact Yoga Focus with Kathy: call 859-745-4699 or email kkh1311@roadrunner.com.

Outside the Lines: Adult Coloring Club
Saturdays, August 10 & 24, 10AM - 4PM
Think you're too old to color? Think again! It's fun and a great way to combat stress. Adult coloring is all the rage! Come ex-stress yourself to imagine, create, relax and color with other enthusiasts. No rules here - you may color outside the lines! We'll provide the pictures, crayons, markers and colored pencils or bring your own if you prefer. You provide the time and creativity. Attendees must be 18 years or older.

Write Local
Fridays, August 2, 16, 23, 30 10 AM
Enjoy writing? Bring in 3-5 pages of a work in progress, read, group discussion follows. All styles and genres welcome. No formula, no competition. For information contact John Maruskin, 859-744-5661, ext. 110; john.clarkbooks@gmail.com.

Pageturner’s Book Group
The Dinner List, by Rebecca Serle
Monday, August 12th at 11AM
In a novel imbued with magical realism, when Sabrina Nielsen arrives at her 30th birthday dinner in New York City, she finds at the table not just her best friend, but also her favorite professor from college; her father; her ex-fiancé Tobias; and Audrey Hepburn. Books available at Circulation Desk.

Winchester Writers Group
Tuesday, August 13, 6:00 PM
Winchester/Clark County Writers meet the second Tuesday of each month to read the short stories they have written. After the story is read, it discussed by the group. Topics for next month’s meeting are suggested or writers may choose a topic. They welcome beginning writers or published authors. For information, contact President, Betty Pace: bettypace3@aol.com.

Book Lunch: Auntie Mame, by Patrick Dennis
Thursday, August 15, Noon
In the pantheon of Great and Important People, Mame is the world’s most beloved, madcap, devastatingly sophisticated, and glamorous aunt. Follow the rollicking adventures of this unflappable flapper as seen through the wide eyes of her young, impressionable nephew and discover anew or for the first time why Mame has made the world a more wonderful place. Books available at circulation. Please register to attend.

All Over The Page
Lock Every Door, by Riley Sager
Monday, August 26, 11AM
This heart-pounding thriller from NYT bestselling author, Riley Sager, follows a young woman whose new job apartment sitting in one of New York’s oldest and most glamorous buildings may cost more than it pays. Books are available at the Circulation Desk.

Meeting of Minds
Tuesday, August 20, 6:30 PM
The Library’s discussion group. Join the conversation.